



Bon Appétit!



**13 JANUARY  
MONDAY**

Tomato salad  
French Shepherd's Pie  
Plain yogurt with a brown sugar sachet



**14 JANUARY  
TUESDAY**

**VEGETARIAN TUESDAY**  
Grated carrot with vinaigrette  
Creamy zucchini pasta  
Homemade banana bread



**15 JANUARY  
WEDNESDAY**

**DISCOVER A TASTE OF SRI LANKA**  
Cucumber, onion, and tomato salad  
Yellow rice, chicken curry, dhal,  
spinach curry, and papadum  
Seasonal fruit



**16 JANUARY  
THURSDAY**

Beetroot and feta salad  
Potato and seafood pastry  
Vanilla yogurt

Some ingredients may change depending on availability.



Baby  
Valentina  
MADE BY MUMMY